

# PICKLEBALL RULES

The five most basic pickleball rules are:

1. Serving must be underhand from the baseline, diagonally crosscourt, and the serve cannot land in the no-volley zone (kitchen).
2. The serving player/team must let the return of serve bounce.
3. The ball must stay in bounds during play and bounce no more than once per side.
4. Players cannot hit the ball in the air when in the kitchen.
5. Games are played to 11, win by two. Points are only scored by the serving player/team.

There are more rules to the game, but these five will help you to get started. Have fun!

# YMCA ADULT SPORTS CODE OF CONDUCT

Personal conduct while interacting with other participants and Y staff must be done in a considerate way. The YMCA wants all adult sports to be fun and enjoyable for everyone participating. We understand these sports can be competitive, but players who cannot conduct themselves in a respectful manner will not be permitted to continue playing and asked to leave. There will be a no-tolerance policy enforced throughout our adult sports programs. Please be courteous to everyone involved.



## CONTACT

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# PICKLEBALL

## October 2024

### MARSHFIELD CLINIC HEALTH SYSTEM YMCA

# GET READY TO PLAY PICKLEBALL AT THE YMCA!



## PICKLEBALL INFO

Pickleball is a fun sport that combines many elements of tennis, badminton and ping pong. The game is played by 2 or 4 people on a short, lined court using a paddle and a plastic ball.

Beginner and experienced players welcome!

The Marshfield Clinic Health System YMCA-Marshfield Center offers indoor pickleball from October-April and provides pickleball instruction, drop-in play, open court time, social events, and tournament play for players of all ability levels.

Try this increasingly popular sport that will provide you with a great workout while offering a very social and competitive game.

**AGES: 16 & Older**

**2024/2025 SESSION:**

October 1, 2024 - April 30, 2025

**REQUIRED EQUIPMENT:**

- Sneakers
- Athletic clothing
- Water bottle
- Paddles provided if needed
- Balls provided



## PICKLEBALL OPEN PLAY

Play pickleball with friends at the Y weekdays without a reservation. Participants can drop-in to play on an available court.

**DAYS & TIMES:**

Monday-Friday • 9:00 am-1:00 pm

**LOCATION:** YMCA Roehl Fieldhouse

**DAYS & TIMES:**

Monday/Tuesday/Thursday/Friday • 5:00-7:30 pm

**LOCATION:** YMCA Small Gym

**PROGRAM FEE:**

Members = FREE • Non-Members = \$10 Day Pass

## PICKLEBALL PROGRAMS INSTRUCTIONAL CLINICS

Available for all ability levels, a one-time instructional clinic introduces the game of pickleball to participants, covering terminology, basic rules of play, equipment, and court etiquette. Equipment is provided.

**DATES & TIMES:**

Thursday, October 10 • 8:30-9:30 am

Thursday, October 24 • 8:30-9:30 am

**LOCATION:** YMCA Roehl Fieldhouse

**PROGRAM FEE:**

Members = \$0 • Non-Members = \$25

**REGISTRATION REQUIRED.** Call 715.387.4900 or visit the Welcome Center to register.

## PICKLEBALL TOURNAMENTS

Pickleball Mixer Tournaments at the Y will be comprised of teams of two. Participants will sign up as an individual and be placed in female and male round robin pool partner play, where only your individual scores matter each game. Players with the closest overall total scores after each round robin play will be placed as mixed doubles partners in a double elimination tournament bracket.

**DATES:**

Wednesday, October 9 & October 23

**TIME:**

8:30 am CHECK-IN • 9:00 am START

**LOCATION:** YMCA Roehl Fieldhouse

**TOURNAMENT FEE:**

Members = \$5 • Non-Members = \$25

**TOURNAMENT FORMAT:**

- Unofficial round robin pool play leading into double elimination tournament.
- USAPA rules apply.
- Spots limited to 20 people for each tournament. Registration will close when 10 female and 10 male participants are signed up.
- 1st & 2nd place awards.



**REGISTRATION REQUIRED.** Call 715.387.4900 or visit the Welcome Center to register.