

➔ Group Exercise – Land & Water

Convenient Online Reservation System for Y Members

All group exercise classes now require a reservation. Reservations open one (1) week before the START time of the class you wish to participate in.


STEP 1: Go to the Marshfield Clinic Health System YMCA website at www.mfldymca.org and click on the **RESERVATIONS >** button on the right side of the page.



OR

Download our new mobile app and tap **"FIND A CLASS"**. See reverse side to learn how to download our new mobile app.



STEP 2: Select your preferred location (Marshfield or Neillsville)  You can scroll through all available classes or search by date at the top of the screen and click on the name. You can also tap the **"Filters"** button at the top to choose your location, class type, or instructor.

STEP 3: When you find the class you want to reserve, tap the class and select **"Book Class"**. If the class is booked, you can add your name to a wait list. **REMEMBER: Reservations open one week in advance!** The first time you reserve a spot, you may be asked to create an account. This is different from your app account. Once your spot is reserved, you'll receive a message and an email confirmation. Tap **"Add Reminder"** to add a reminder to your personal calendar. You can also cancel a reservation by returning to the class and tapping **"Cancel Booking"**.

STEP 4: Always Log Out, especially if on a public device.

IMPORTANT:

- You can only book spots in group exercise classes for yourself only. Each member will need their own email address to make a reservation.
- If you are placed on a wait list because the class is booked, you will receive an email if you receive a spot in the class.
- If you can no longer attend the class, please be respectful of other participants and remove yourself from the roster by logging back in and selecting "Cancel Reservation", or refer to your confirmation email which allows you to cancel your reservation.
- If you reserve a spot in class, please arrive 5-10 minutes before the start of class so the instructor can check you in.

If you need assistance reserving your spot in a class, please visit the Y's Welcome Center or call the YMCA at 715.387.4900.