



Small Pool Schedule

MAY 25 - MAY 31, 2026

	MON	TUE	WED	THU	FRI	SAT	SUN
5:30 am	MEMORIAL DAY YMCA CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
6:00 am		Adult Swim 6:00-8:30	Adult Swim 6:00-8:30	Adult Swim 6:00-8:30	Adult Swim 6:00-8:30		
7:00 am							
7:30 am							
8:00 am							
8:30 am		Aqua Splash Class 8:30-9:15	AOA Water Exercise Class 8:30-9:15	Arthritis Aquatics Class 8:30-9:15	Arthritis Aquatics Class 8:30-9:15		
9:00 am		Adult Swim 9:15-10:00	Aqua Splash Class 9:30-10:15	Adult Swim 9:15-10:30	AOA Water Exercise Class 9:20-10:05		
9:15 am		CLOSED	CLOSED		CLOSED		
9:30 am							
10:00 am		CLOSED	CLOSED	CLOSED	CLOSED	Family Swim 10:30-12:30	Family Swim 10:00-12:30
10:15 am							
10:30 am							
11:00 am		Adult Swim 12:00-2:30	AOA Water Exercise Class 12:00-12:45	Adult Swim 12:00-2:30	Adult Swim 12:00-2:30	POOL CLOSING AT 12:30	POOL CLOSING AT 12:30
12:00 pm			Adult Swim 12:45-2:30				
12:30 pm			CLOSED	CLOSED	CLOSED		
12:45 pm							
1:00 pm		Family Swim 3:30-5:00	Family Swim 3:30-5:00	Family Swim 3:30-5:00	Family Swim 3:30-6:30		
1:30 pm							
2:30 pm		Swim Lessons 5:00-7:30	Swim Lessons 5:00-7:30	Swim Lessons 5:00-7:30	CLOSED		
3:30 pm							
4:30 pm	CLOSED	CLOSED	CLOSED	CLOSED			
5:00 pm							
5:30 pm							
6:30 pm	CLOSED	CLOSED	CLOSED	CLOSED			
7:30 pm							

AQUATIC CENTER - SMALL POOL RULES

Limit 25 bathers:

- Youth ages 6 and under must be accompanied by an adult in the water at arms' reach, regardless of swim ability or use of life jackets.
- Youth ages 11 and under must be accompanied and directly supervised by an adult while in the Aquatic Center at all times.
- Schedule is subject to change. We reserve the right to schedule programs and special events. During scheduled programs, one lap lane will be available for lap swim/adult swim.
- YMCA Swim Lessons may be scheduled during Adult Swim times.

ONLINE POOL SCHEDULE AVAILABLE AT WWW.MFLDYMCA.ORG



Large Pool Schedule

MAY 25 - MAY 31, 2026

	MON	TUE	WED	THU	FRI	SAT	SUN					
5:30 am	MEMORIAL DAY YMCA CLOSED	Lap Swim/ Adult Swim 5:30-10:30	Lap Swim/ Adult Swim 5:30-8:00	Lap Swim/ Adult Swim 5:30-10:30	Lap Swim/ Adult Swim 5:30-8:00	CLOSED	CLOSED					
6:00 am			Water Exercise Class 8:00-9:00		Lap Swim/ Adult Swim 5:30-10:30			Water Exercise Class 8:00-9:00				
7:00 am												
8:00 am												
8:30 am												
9:00 am												
9:30 am												
10:00 am												
10:30 am						Family Swim 10:30-12:00	Family Swim 10:30-12:00		Family Swim 10:30-12:00	Lap Swim/ Adult Swim 9:00-4:30	Family Swim 10:30-12:30	Lap Swim/ Adult Swim 8:00-10:00
11:00 am												
11:30 am												
12:00 pm		Lap Swim/ Adult Swim 12:00-3:30	Lap Swim/ Adult Swim 12:00-3:30	Lap Swim/ Adult Swim 12:00-3:30								
12:30 pm		Swim Team 3:30-5:30	Swim Team 3:30-5:30	Swim Team 3:30-5:30	Family Swim 4:30-6:30	POOL CLOSES AT 12:30	POOL CLOSES AT 12:30					
2:00 pm												
3:00 pm												
3:30 pm												
4:30 pm												
5:00 pm												
5:30 pm								Water Exercise Class 5:30-6:30	Swim Lessons 5:30-7:30	Water Exercise Class 5:30-6:30		
6:00 pm												
6:30 pm	Swim Lessons 6:30-7:30	Swim Lessons 6:30-7:30	Swim Lessons 6:30-7:30	CLOSED								
7:00 pm												
7:30 pm	CLOSED	CLOSED	CLOSED									

AQUATIC CENTER - LARGE POOL RULES

- Youth ages 6 and under must be accompanied by an adult in the water at arms' reach, regardless of swim ability or use of life jackets.
- Youth ages 11 and under must be accompanied and directly supervised by an adult while in the Aquatic Center at all times.
- Schedule is subject to change. We reserve the right to schedule programs and special events. During scheduled programs, one lap lane will be available for lap swim/adult swim.
- YMCA Swim Lessons may be scheduled during Adult Swim times.

**ONLINE POOL
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