



# Small Pool Schedule

## DECEMBER 2 – 22, 2024

	MON	TUE	WED	THU	FRI	SAT	SUN
5:30 am	Adult Swim 5:30-8:30	CLOSED	Adult Swim 5:30-8:30	CLOSED	Adult Swim 5:30-8:30	CLOSED	CLOSED
7:00 am						Adult Swim 7:00-9:00	
7:30 am							
8:00 am							
8:30 am	Senior Water Exercise Class 8:30-9:15	SilverSneakers Splash Class 8:30-9:15	Senior Water Exercise Class 8:30-9:15	Arthritis Aquatics Class 8:30-9:15	Arthritis Aquatics Class 8:30-9:15	Adult Swim 8:00-10:00	
9:00 am							
9:15 am	CLOSED	CLOSED	SilverSneakers Splash Class 9:30-10:15	CLOSED	Senior Water Exercise Class 9:20-10:05	Swim Lessons 9:00-10:30	
9:30 am							
10:15 am			CLOSED				
10:30 am							
12:00 pm			Senior Water Exercise Class 12:00-12:45		CLOSED		
12:30 pm							
12:45 pm							
1:00 pm							
2:00 pm			CLOSED		CLOSED		
3:30 pm						Family Swim 3:30-5:00	
4:00 pm							
5:00 pm	Swim Lessons 5:00-7:15	Swim Lessons 5:00-7:15	Swim Lessons 5:00-7:15	Swim Lessons 5:00-7:15	Family Swim 3:30-7:30	CLOSED	CLOSED
6:00 pm							
7:00 pm							
7:30 pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

### AQUATIC CENTER – SMALL POOL RULES

**Limit 25 bathers:**

- Youth ages 11 and under must be accompanied by an adult in the Aquatic Center at all times.
- Scheduled programs have exclusive use of the small pool.
- YMCA Swim Lessons may be scheduled during Adult Swim times.

**ONLINE POOL  
SCHEDULE  
AVAILABLE AT  
[WWW.MFLDYMCA.ORG](http://WWW.MFLDYMCA.ORG)**



# Large Pool Schedule

## DECEMBER 2 - 22, 2024

	MON	TUE	WED	THU	FRI	SAT	SUN					
5:30 am	Lap Swim/ Adult Swim 5:30-9:00	Lap Swim/ Adult Swim 5:30-8:00	Lap Swim/ Adult Swim 5:30-9:00	Lap Swim/ Adult Swim 5:30-3:30	Lap Swim/ Adult Swim 5:30-8:00	CLOSED	CLOSED					
7:00 am		Aqua Zumba Class 8:00-8:45			Water Exercise Class 9:00-10:00			Water Exercise Class 9:00-10:00	Lap Swim/ Adult Swim 10:00-3:30	Lap Swim/ Adult Swim 7:00-9:00		
8:00 am						Lap Swim/ Adult Swim 8:45-3:30	Lap Swim/ Adult Swim 10:00-3:30				Lap Swim/ Adult Swim 10:00-3:30	Family Swim 10:00-3:30
8:30 am												
8:45 am		Swim Team 3:30-5:30			Swim Team 3:30-5:30	Swim Team 3:30-5:30	Swim Team 3:30-5:30	CLOSED				
9:00 am	Swim Lessons 5:30-7:30		Swim Lessons 5:30-7:30	Swim Lessons 5:30-7:30					Swim Lessons 5:30-7:30	CLOSED		
9:30 am		Swim Lessons 6:30-7:30			Swim Lessons 6:30-7:30	Swim Lessons 6:30-7:30	Swim Lessons 6:30-7:30	CLOSED				
10:00 am	CLOSED		CLOSED	CLOSED					CLOSED	CLOSED		
10:30 am		CLOSED			CLOSED	CLOSED	CLOSED	CLOSED				
11:00 am	CLOSED		CLOSED	CLOSED					CLOSED	CLOSED		
12:00 pm		CLOSED			CLOSED	CLOSED	CLOSED	CLOSED				
1:00 pm	CLOSED		CLOSED	CLOSED					CLOSED	CLOSED		
2:00 pm		CLOSED			CLOSED	CLOSED	CLOSED	CLOSED				
3:30 pm	CLOSED		CLOSED	CLOSED					CLOSED	CLOSED		
4:30 pm		CLOSED			CLOSED	CLOSED	CLOSED	CLOSED				
5:30 pm	CLOSED		CLOSED	CLOSED					CLOSED	CLOSED		
6:00 pm		CLOSED			CLOSED	CLOSED	CLOSED	CLOSED				
6:30 pm	CLOSED		CLOSED	CLOSED					CLOSED	CLOSED		
7:00 pm		CLOSED			CLOSED	CLOSED	CLOSED	CLOSED				
7:30 pm	CLOSED		CLOSED	CLOSED					CLOSED	CLOSED		

### AQUATIC CENTER - LARGE POOL RULES

- Youth ages 11 and under must be accompanied by an adult in the Aquatic Center at all times.
- During scheduled programs, one lap lane will be available for lap swim/adult swim.
- YMCA Swim Lessons may be scheduled during Adult Swim times.

**ONLINE POOL  
SCHEDULE  
AVAILABLE AT  
[WWW.MFLDYMCA.ORG](http://WWW.MFLDYMCA.ORG)**