

# Small Pool Schedule

## MAY 26 – JUNE 1, 2025

	MON	TUE	WED	THU	FRI	SAT	SUN	
5:30 am	YMCA CLOSED  MEMORIAL DAY	Adult Swim 5:30–8:30	Adult Swim 5:30–8:30	Adult Swim 5:30–8:30	Adult Swim 5:30–8:30	CLOSED	CLOSED	
6:00 am								
7:00 am						Adult Swim 7:00–9:00	Adult Swim 8:00–10:00	
8:00 am								
8:30 am		Aqua Splash Class 8:30–9:15	AOA Water Exercise Class 8:30–9:15	Arthritis Aquatics Class 8:30–9:15	Arthritis Aquatics Class 8:30–9:15			
9:00 am		Family Swim 9:15–11:30	Aqua Splash Class 9:30–10:15	Swim Lessons 9:30–10:40	AOA Water Exercise Class 9:20–10:05			Swim Lessons 9:00–10:30
9:15 am			Adult Swim 10:15–11:30	Adult Swim 10:40–11:30	Adult Swim 10:05–11:30			
9:30 am								
10:00 am			CLOSED	CLOSED	CLOSED	CLOSED	Family Swim 10:00–12:30	
10:15 am								
10:30 am		Adult Swim 12:00–1:00	AOA Water Exercise Class 12:00–12:45	Adult Swim 12:00–1:00	Adult Swim 12:00–1:00	POOL CLOSES AT 12:30		POOL CLOSES AT 12:30
11:00 am								
11:30 am		CLOSED	CLOSED	CLOSED	CLOSED			
12:00 pm								
12:30 pm		Family Swim 1:30–5:00	Family Swim 1:30–5:00	Family Swim 1:30–5:00	Family Swim 1:30–6:30			
1:00 pm								
1:30 pm		Swim Lessons 5:00–7:15	Swim Lessons 5:00–7:15	Swim Lessons 5:00–7:15	CLOSED			
3:30 pm								
4:00 pm		CLOSED	CLOSED	CLOSED				
5:00 pm								
6:30 pm								
7:30 pm								

### AQUATIC CENTER – SMALL POOL RULES

#### Limit 25 bathers:

- Youth ages 11 and under must be accompanied by an adult in the Aquatic Center at all times.
- Schedule is subject to change. We reserve the right to schedule programs and special events. Scheduled programs have exclusive use of the small pool.
- YMCA Swim Lessons may be scheduled during Adult Swim times.

**ONLINE POOL  
SCHEDULE  
AVAILABLE AT  
[WWW.MFLDYMCA.ORG](http://WWW.MFLDYMCA.ORG)**

# Large Pool Schedule

## MAY 26 – JUNE 1, 2025

	MON	TUE	WED	THU	FRI	SAT	SUN							
5:30 am	YMCA CLOSED  MEMORIAL DAY	Lap Swim/ Adult Swim 5:30–9:15	Lap Swim/ Adult Swim 5:30–9:00	Lap Swim/ Adult Swim 5:30–3:30	Lap Swim/ Adult Swim 5:30–9:00	CLOSED	CLOSED							
6:00 am								Lap Swim/ Adult Swim 5:30–9:00	Lap Swim/ Adult Swim 7:00–9:00					
7:00 am			Water Exercise Class 9:00–10:00		Water Exercise Class 9:00–10:00	Swim Lessons 9:00–10:30				Lap Swim/ Adult Swim 8:00–10:00				
8:00 am								Family Swim 9:15–11:30	Lap Swim/ Adult Swim 10:00–3:30		Lap Swim/ Adult Swim 10:00–3:30	Family Swim 10:30–12:30	Family Swim 10:00–12:30	
9:00 am		Lap Swim/ Adult Swim 11:30–3:30	Swim Team 3:30–5:30		Swim Team 3:30–5:30	Swim Team 3:30–5:30	Family Swim 3:30–6:30			POOL CLOSES AT 12:30				POOL CLOSES AT 12:30
9:15 am														
10:00 am		Swim Lessons 6:30–7:30	CLOSED		CLOSED	CLOSED								
10:30 am							CLOSED	CLOSED	CLOSED		CLOSED			
11:00 am		CLOSED	CLOSED		CLOSED	CLOSED								
11:30 am				CLOSED			CLOSED	CLOSED	CLOSED					
12:00 pm		CLOSED	CLOSED		CLOSED	CLOSED								
12:30 pm				CLOSED			CLOSED	CLOSED	CLOSED					
2:00 pm		CLOSED	CLOSED		CLOSED	CLOSED								
3:30 pm				CLOSED			CLOSED	CLOSED	CLOSED					
4:30 pm		CLOSED	CLOSED		CLOSED	CLOSED								
5:30 pm				CLOSED			CLOSED	CLOSED	CLOSED					
6:00 pm		CLOSED	CLOSED		CLOSED	CLOSED								
6:30 pm				CLOSED			CLOSED	CLOSED	CLOSED					
7:00 pm		CLOSED	CLOSED		CLOSED	CLOSED								
7:30 pm				CLOSED			CLOSED	CLOSED	CLOSED					

### AQUATIC CENTER – LARGE POOL RULES

- Youth ages 11 and under must be accompanied by an adult in the Aquatic Center at all times.
- Schedule is subject to change. We reserve the right to schedule programs and special events. During scheduled programs, one lap lane will be available for lap swim/adult swim.
- YMCA Swim Lessons may be scheduled during Adult Swim times.

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