

# PICKLEBALL RULES

The five most basic pickleball rules are:

1. Serving must be underhand from the baseline, diagonally crosscourt, and the serve cannot land in the no-volley zone (kitchen).
2. The serving player/team must let the return of serve bounce.
3. The ball must stay in bounds during play and bounce no more than once per side.
4. Players cannot hit the ball in the air when in the kitchen.
5. Games are played to 11, win by two. Points are only scored by the serving player/team.

There are more rules to the game, but these five will help you to get started. Have fun!

## YMCA SPORTS CODE OF CONDUCT

Personal conduct while interacting with other participants and Y staff must be done in a considerate way. The YMCA wants all adult and family sports to be fun and enjoyable for everyone participating. We understand these sports can be competitive, but players who cannot conduct themselves in a respectful manner will not be permitted to continue playing and asked to leave. There will be a no-tolerance policy enforced throughout our adult and family sports programs. Please be courteous to everyone involved.



## CONTACT

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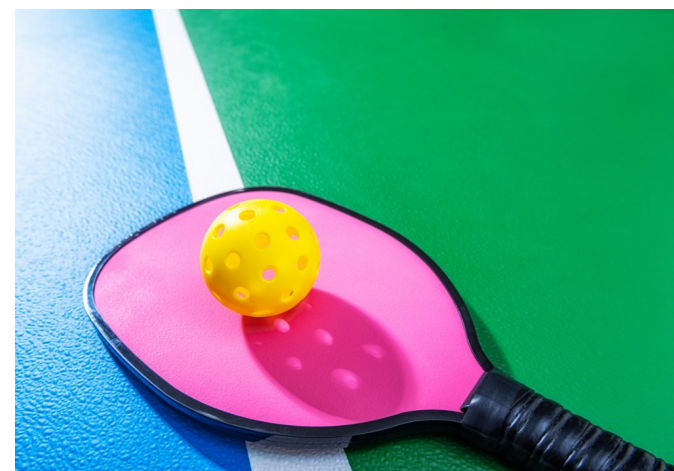


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FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
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# COMPETE, CONNECT & CHALLENGE YOURSELF



## MARSHFIELD CLINIC HEALTH SYSTEM YMCA PICKLEBALL

# GET READY TO PLAY PICKLEBALL AT THE YMCA!



## PICKLEBALL INFO

Pickleball is a fun sport that combines many elements of tennis, badminton and ping pong. The game is played by 2 or 4 people on a short, lined court using a paddle and a plastic ball. Beginner and experienced players are welcome!

The YMCA offers indoor pickleball from October through April and provides pickleball instruction, open court time, and tournament play for players of all ability levels. Try this increasingly popular sport that will guarantee a great workout while offering a very social and competitive game.

### 2025/2026 SEASON:

Labor Day – Memorial Day

### REQUIRED EQUIPMENT:

- Athletic clothing
- Proper sneakers
- Water bottle

## PICKLEBALL INSTRUCTIONAL CLINICS

Available for all ability levels, a one-time instructional clinic introduces the game of pickleball, covering terminology, basic rules of play, equipment, and court etiquette. Equipment provided.

### DATES & TIMES:

Thursday, January 8 • 8:30–9:30 am

**LOCATION:** YMCA Roehl Fieldhouse

### PROGRAM FEE:

Y Member = FREE • Non-Member = \$25

**REGISTRATION REQUIRED.** Call 715.387.4900 or visit the Welcome Center to register.

## PICKLEBALL ADULT OPEN PLAY

Play pickleball with friends at the Y weekdays without a reservation. Participants can drop-in to play on an available court.

**AGES: 16 & Older**

**DAYS & TIMES:** Monday–Friday • 5:00 am–2:00 pm

**LOCATION:** YMCA Roehl Fieldhouse – Courts 1 & 2

**DAYS & TIMES:** Monday–Friday • 6:00–8:00 am

**LOCATION:** YMCA Small Gym – Courts 1 & 2

**DAYS & TIMES:** Monday–Friday • 5:00–7:30 pm

**LOCATION:** YMCA Small Gym – Courts 1 & 2

### PROGRAM FEE:

Y Member: FREE

Non-Member: \$10 Individual Day Pass

\$25 Family Day Pass

## FAMILY PICKLEBALL

Play pickleball with the family at the Y on weekends without a reservation. Families can drop-in to play on an available court, however, check the small gym schedule to confirm availability. Set up pickleball nets provided and bring your own equipment to play.

### DAYS & TIMES:

Saturday & Sunday • 8:00–11:00 am

**LOCATION:** YMCA Small Gym – Courts 1 & 2

### PROGRAM FEE:

Y Member: FREE

Non-Member: \$10 Individual Day Pass

\$25 Family Day Pass

## PICKLEBALL TOURNAMENTS

Pickleball Draw Tournaments at the Y will be comprised of teams of two and will have two divisions of play. Advanced Play for those wanting quality competition and Intermediate Play for those wanting to just have fun. Participants will register as an individual and inform our membership staff what your preference for play is at the time of registration. Each player's name will then be drawn from a hat to determine their partner for the tournament.

### DATE:

Wednesday, January 21

### TIME:

8:30 am CHECK-IN • 9:00 am START

**LOCATION:** YMCA Roehl Fieldhouse

### TOURNAMENT FEE:

Y Member = \$5 • Non-Member = \$25

### TOURNAMENT FORMAT:

- Unofficial round robin pool play leading into double elimination tournament.
- USAPA rules apply.
- Spots limited to 20 people for each tournament. Registration will close when 10 Advanced and 10 Intermediate participants are signed up.
- 1st place prize awards.



**REGISTRATION REQUIRED.** Call 715.387.4900 or visit the Welcome Center to register.